

**VISAA STATE CHAMPIONSHIP**

Woodberry Forest, VA

Woodberry Forest

Thursday, November 10, 2022

**OFFICIAL MEET REPORT**

printed: 11/10/2022 1:53 PM

**Race #4**  
**Girls D1 (Division 1)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Collegiate	67	4-8-14-16-25(33)(54)	1:46:35	21:19	1:55.8
2 Norfolk Academy	89	2-3-26-27-31(35)(55)	1:46:58	21:24	2:51.2
3 The Potomac School	93	5-11-12-19-46(72)(92)	1:48:11	21:39	3:02.2
4 St. Stephen's and St. Agne	98	6-7-10-36-39(59)	1:48:22	21:41	2:19.3
5 Paul VI Catholic	139	9-17-21-44-48(57)(68)	1:51:37	22:20	2:52.6
6 Saint Catherine's	161	22-24-34-40-41(67)(81)	1:52:58	22:36	1:21.3
7 Trinity Christian School	169	20-23-37-38-51(52)(65)	1:53:38	22:44	2:04.2
8 Bishop O'Connell	212	1-30-47-61-73(98)(100)	1:54:31	22:55	5:34.3
9 Saint John Paul the Great	242	13-43-45-53-88(93)(99)	1:57:56	23:36	4:37.1
10 Bishop Ireton	259	15-29-62-75-78(84)(90)	1:58:17	23:40	3:29.6
11 Oakcrest School	282	42-49-56-66-69(74)(80)	2:00:12	24:03	1:19.9
12 Catholic High School	297	18-63-64-70-82(89)(91)	2:00:35	24:07	3:34.2
13 St. Anne's-Belfield School	373	50-76-77-83-87(95)	2:04:55	24:59	1:57.3
14 Flint Hill School	378	28-60-86-101-103(107)	2:08:52	25:47	6:15.4
15 Trinity Episcopal School	421	32-94-96-97-102(104)(110)	2:11:03	26:13	5:28.4
16 Episcopal	427	58-71-85-105-108	2:13:04	26:37	5:47.1
17 St. Gertrude	517	79-106-109-111-112	2:31:31	30:19	9:29.2

**INDIVIDUAL RESULTS**

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 WEITHMAN, Molly	Bishop O'Connell	1	19:17.6	---	6:12.2	3:51.5
2 EARP, Anne	Norfolk Academy	2	19:37.0	19.4	6:18.5	3:55.4
3 EARP, Jane	Norfolk Academy	3	20:06.3	48.7	6:27.9	4:01.3
4 MYERS, MK	Collegiate	4	20:21.8	1:04.2	6:32.9	4:04.4
5 KOUYOUMDJIAN, Arielle	The Potomac Scho	5	20:29.2	1:11.6	6:35.2	4:05.8
6 FLOYD, Hannah	St. Stephen's and S	6	20:40.2	1:22.6	6:38.8	4:08.0
7 BRUCH, Whitney	St. Stephen's and S	7	20:44.7	1:27.1	6:40.2	4:08.9
8 HARRIS, Virginia	Collegiate	8	20:52.0	1:34.4	6:42.6	4:10.4
9 RICHARDS, Catherine	Paul VI Catholic	9	20:53.5	1:35.9	6:43.1	4:10.7
10 CONSTANDY, Karina	St. Stephen's and S	10	21:06.4	1:48.8	6:47.2	4:13.3
11 HARRIS, Genevieve	The Potomac Scho	11	21:08.2	1:50.6	6:47.8	4:13.6
12 TUTTLE, Kate	The Potomac Scho	12	21:15.1	1:57.5	6:50.0	4:15.0
13 DAKE, Sarah	Saint John Paul the	13	21:17.2	1:59.6	6:50.7	4:15.4
14 FERRELL, Rosie	Collegiate	14	21:29.4	2:11.8	6:54.6	4:17.9
15 ABEGG, Ingrid	Bishop Ireton	15	21:30.4	2:12.8	6:54.9	4:18.1
16 FERRELL, Giles	Collegiate	16	21:33.8	2:16.2	6:56.0	4:18.8
17 TYLER, Camdyn	Paul VI Catholic	17	21:39.0	2:21.4	6:57.7	4:19.8
18 MATEO, Leila	Catholic High Scho	18	21:44.0	2:26.4	6:59.3	4:20.8
19 HOLLAND, Emmy	The Potomac Scho	19	21:46.3	2:28.7	7:00.0	4:21.3
20 DEAN, Julia	Trinity Christian Sch	20	21:48.5	2:30.9	7:00.7	4:21.7
21 IVEY, Lauren	Paul VI Catholic	21	21:51.1	2:33.5	7:01.6	4:22.2
22 MORGAN, Sadie	Saint Catherine's	22	21:53.4	2:35.8	7:02.3	4:22.7

**VISAA STATE CHAMPIONSHIP**

Woodberry Forest, VA

Woodberry Forest

Thursday, November 10, 2022

**OFFICIAL MEET REPORT**

printed: 11/10/2022 1:53 PM

**Race #4**  
**Girls D1 (Division 1)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km
23 MYERS, Caroline	Trinity Christian Sch	23	22:09.2	2:51.6	7:07.4	4:25.8
24 WULFF, Caroline	Saint Catherine's	24	22:13.7	2:56.1	7:08.8	4:26.7
25 LURIE, Nat	Collegiate	25	22:17.6	3:00.0	7:10.1	4:27.5
26 GUZMAN, Maite	Norfolk Academy	26	22:21.9	3:04.3	7:11.5	4:28.4
27 STUFFLEBEEM, Ella	Norfolk Academy	27	22:24.2	3:06.6	7:12.2	4:28.8
28 WATKINS, Maddy	Flint Hill School	28	22:26.4	3:08.8	7:12.9	4:29.3
29 SIMON, Anna	Bishop Ireton	29	22:26.6	3:09.0	7:13.0	4:29.3
30 DZIEPAK, Kilian	Bishop O'Connell	30	22:27.6	3:10.0	7:13.3	4:29.5
31 STONE, Genevieve	Norfolk Academy	31	22:28.2	3:10.6	7:13.5	4:29.6
32 COLEMAN, Sarah	Trinity Episcopal Sc	32	22:29.3	3:11.7	7:13.9	4:29.9
33 SLOAN, Sophie	Collegiate	(33)	22:31.7	3:14.1	7:14.6	4:30.3
34 ANDERSON, Zanna	Saint Catherine's	34	22:33.6	3:16.0	7:15.2	4:30.7
35 ADAMS, Catherine	Norfolk Academy	(35)	22:42.4	3:24.8	7:18.1	4:32.5
36 SCOTT, Lauren	St. Stephen's and S	36	22:50.7	3:33.1	7:20.7	4:34.1
37 WIGGINS, Allie	Trinity Christian Sch	37	22:53.3	3:35.7	7:21.6	4:34.7
38 NAGEL, Lydia	Trinity Christian Sch	38	22:53.4	3:35.8	7:21.6	4:34.7
39 VAJDA, Emily	St. Stephen's and S	39	22:59.5	3:41.9	7:23.6	4:35.9
40 CARINGTON, Grace	Saint Catherine's	40	23:01.9	3:44.3	7:24.3	4:36.4
41 DIRADOUR, Madelyn	Saint Catherine's	41	23:14.7	3:57.1	7:28.5	4:38.9
42 DUNCH, Catherine	Oakcrest School	42	23:15.7	3:58.1	7:28.8	4:39.1
43 ORTEGA, Brooke	Saint John Paul the	43	23:18.9	4:01.3	7:29.8	4:39.8
44 CULLIGAN, Aubrianna	Paul VI Catholic	44	23:27.0	4:09.4	7:32.4	4:41.4
45 ALICEA, Isabella	Saint John Paul the	45	23:28.3	4:10.7	7:32.8	4:41.7
46 CHOI, Kate	The Potomac Scho	46	23:31.4	4:13.8	7:33.8	4:42.3
47 RODRIGUEZ, Danielle	Bishop O'Connell	47	23:38.8	4:21.2	7:36.2	4:43.8
48 RAKOWITZ, Chloe	Paul VI Catholic	48	23:46.1	4:28.5	7:38.6	4:45.2
49 BAIRD, Regina	Oakcrest School	49	23:50.2	4:32.6	7:39.9	4:46.0
50 CARTER, Eleanor	St. Anne's-Belfield	50	23:51.1	4:33.5	7:40.2	4:46.2
51 JENNINGS, Maddie	Trinity Christian Sch	51	23:52.7	4:35.1	7:40.7	4:46.5
52 HANNA, Katherine	Trinity Christian Sch	(52)	23:54.4	4:36.8	7:41.2	4:46.9
53 PETRAS, Melissa	Saint John Paul the	53	23:56.5	4:38.9	7:41.9	4:47.3
54 ENNIS, Avery	Collegiate	(54)	23:58.3	4:40.7	7:42.5	4:47.7
55 KAY, Madison	Norfolk Academy	(55)	23:58.4	4:40.8	7:42.5	4:47.7
56 CRAIG, Abby	Collegiate	-	23:59.7	4:42.1	7:42.9	4:47.9
57 PARKER, Maude	Oakcrest School	56	24:00.2	4:42.6	7:43.1	4:48.0
58 LEAVITT, Shannon	Paul VI Catholic	(57)	24:02.8	4:45.2	7:43.9	4:48.6
59 DEARLOVE, Audrey	Episcopal	58	24:06.1	4:48.5	7:45.0	4:49.2
60 GALLOZZI, Marina	St. Stephen's and S	(59)	24:10.5	4:52.9	7:46.4	4:50.1
61 OSINOVSKY, Sasha	Flint Hill School	60	24:13.8	4:56.2	7:47.5	4:50.8
62 PARK, Delaney	Bishop O'Connell	61	24:14.6	4:57.0	7:47.7	4:50.9
63 MORENO, Niamah	Bishop Ireton	62	24:25.9	5:08.3	7:51.4	4:53.2
64 GUILD, Maggie	Catholic High Scho	63	24:27.2	5:09.6	7:51.8	4:53.4
65 PEDROZA, Melissa	Catholic High Scho	64	24:27.2	5:09.6	7:51.8	4:53.4
66 HENSLEY, Ari	Trinity Christian Sch	(65)	24:27.4	5:09.8	7:51.8	4:53.5
67 BURKE, Heidi	Oakcrest School	66	24:29.9	5:12.3	7:52.6	4:54.0
68 SMITH, Kayla	Madeira School	-	24:32.6	5:15.0	7:53.5	4:54.5

**VISAA STATE CHAMPIONSHIP**

Woodberry Forest, VA

Woodberry Forest

Thursday, November 10, 2022

**OFFICIAL MEET REPORT**

printed: 11/10/2022 1:53 PM

**Race #4  
Girls D1 (Division 1)****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
69 PINA, Desta	Saint Catherine's	(67)	24:33.7	5:16.1	7:53.9	4:54.7
70 MELSON, Sophia	Paul VI Catholic	(68)	24:34.6	5:17.0	7:54.1	4:54.9
71 LIVELY, Josephine	Oakcrest School	69	24:35.6	5:18.0	7:54.5	4:55.1
72 ECKHART, Maria	Catholic High Scho	70	24:38.3	5:20.7	7:55.3	4:55.7
73 JEWELL, Hannah	Paul VI Catholic	-	24:38.4	5:20.8	7:55.4	4:55.7
74 JOHNSON, Stella	Norfolk Academy	-	24:40.6	5:23.0	7:56.1	4:56.1
75 METZGER, Danielle	Trinity Christian Sch	-	24:43.3	5:25.7	7:56.9	4:56.7
76 MCELVEEN, Ella	Episcopal	71	24:48.0	5:30.4	7:58.5	4:57.6
77 O'REILLY, Emma	The Potomac Scho	(72)	24:49.3	5:31.7	7:58.9	4:57.9
78 PFLAUM, Libby	Bishop O'Connell	73	24:51.9	5:34.3	7:59.7	4:58.4
79 SWEDA, Lianor	Oakcrest School	(74)	24:53.2	5:35.6	8:00.1	4:58.6
80 CATES, Kiera	Bishop Ireton	75	24:53.4	5:35.8	8:00.2	4:58.7
81 MATTOX, Loralai	Trinity Christian Sch	-	24:54.0	5:36.4	8:00.4	4:58.8
82 KILFOIL, Ashton	St. Anne's-Belfield	76	24:55.8	5:38.2	8:01.0	4:59.2
83 LEDGER, Emily	St. Anne's-Belfield	77	24:56.5	5:38.9	8:01.2	4:59.3
84 O'KEEFE, Emily	Trinity Christian Sch	-	24:57.8	5:40.2	8:01.6	4:59.6
85 MUNSON, Sara	Bishop Ireton	78	25:00.0	5:42.4	8:02.3	5:00.0
86 ADAMSON, Annie	St. Gertrude	79	25:05.5	5:47.9	8:04.1	5:01.1
87 DOMBOVARY, Emily	Paul VI Catholic	-	25:06.8	5:49.2	8:04.5	5:01.4
88 MILLARD, Claire	Oakcrest School	(80)	25:10.8	5:53.2	8:05.8	5:02.2
89 ARMSTRONG, Abby	Saint Catherine's	(81)	25:11.7	5:54.1	8:06.1	5:02.3
90 MCMULLEN, Kale	Catholic High Scho	82	25:18.2	6:00.6	8:08.2	5:03.6
91 LYMAN, Ivy	St. Anne's-Belfield	83	25:22.8	6:05.2	8:09.6	5:04.6
92 VORHEES, Virginia	Bishop Ireton	(84)	25:23.8	6:06.2	8:10.0	5:04.8
93 DILLER, Bethany	Oakcrest School	-	25:25.3	6:07.7	8:10.5	5:05.1
94 AMASON, Emily Browning	Episcopal	85	25:30.0	6:12.4	8:12.0	5:06.0
95 KULOW, Taylor	Norfolk Academy	-	25:34.1	6:16.5	8:13.3	5:06.8
96 CAHILL, Katherine	Oakcrest School	-	25:38.9	6:21.3	8:14.8	5:07.8
97 FAULKNER, Izabelle	Flint Hill School	86	25:43.3	6:25.7	8:16.2	5:08.7
98 YUAN, Annie	St. Anne's-Belfield	87	25:48.4	6:30.8	8:17.9	5:09.7
99 VEST, Sydney	Norfolk Academy	-	25:53.0	6:35.4	8:19.4	5:10.6
100 HOLLOWAY, Virginia	Saint John Paul the	88	25:54.3	6:36.7	8:19.8	5:10.9
101 KIDWELL, Sophia	Catholic High Scho	(89)	25:55.3	6:37.7	8:20.1	5:11.1
102 BAILEY, Tessa	Oakcrest School	-	25:57.0	6:39.4	8:20.6	5:11.4
103 LEWIS, Nicole	Bishop Ireton	(90)	26:01.1	6:43.5	8:22.0	5:12.2
104 MCCLOSKEY, Kate	Catholic High Scho	(91)	26:01.4	6:43.8	8:22.1	5:12.3
105 WELLS, Page	Collegiate	-	26:06.2	6:48.6	8:23.6	5:13.2
106 MILLER, Avery	The Potomac Scho	(92)	26:08.4	6:50.8	8:24.3	5:13.7
107 HUBBARD, Erin	Catholic High Scho	-	26:10.7	6:53.1	8:25.0	5:14.1
108 FRY, Helena	Saint John Paul the	(93)	26:17.5	6:59.9	8:27.2	5:15.5
109 ABEGG, Abigail	Bishop Ireton	-	26:44.1	7:26.5	8:35.8	5:20.8
110 HESTON, Molly	Trinity Episcopal Sc	94	26:44.6	7:27.0	8:35.9	5:20.9
111 NOBLE, Abby	St. Anne's-Belfield	(95)	26:45.8	7:28.2	8:36.3	5:21.2
112 ADAMSON, Katie	Collegiate	-	26:50.1	7:32.5	8:37.7	5:22.0
113 SOMMARDAHL, Clark	Trinity Episcopal Sc	96	26:53.8	7:36.2	8:38.9	5:22.8
114 CRUMLISH, Eila	Trinity Episcopal Sc	97	26:57.0	7:39.4	8:39.9	5:23.4

**VISAA STATE CHAMPIONSHIP**

Woodberry Forest, VA

Woodberry Forest

Thursday, November 10, 2022

**OFFICIAL MEET REPORT**

printed: 11/10/2022 1:53 PM

**Race #4**  
**Girls D1 (Division 1)****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
115 MCCONVILLE, Mary	Bishop O'Connell	(98)	27:09.0	7:51.4	8:43.8	5:25.8
116 ZEBALLOS, Monica	Saint John Paul the	(99)	27:09.1	7:51.5	8:43.8	5:25.8
117 MCDANIEL, Blythe	Bishop Ireton	-	27:14.7	7:57.1	8:45.6	5:26.9
118 ROHDE, Maggie	Bishop O'Connell	(100)	27:38.8	8:21.2	8:53.4	5:31.8
119 KLAUS, Isabella	Catholic High Scho	-	27:43.1	8:25.5	8:54.8	5:32.6
120 NGATA, Wacuka	Flint Hill School	101	27:46.2	8:28.6	8:55.8	5:33.2
121 HILL, Lindsay	Paul VI Catholic	-	27:48.9	8:31.3	8:56.6	5:33.8
122 SPRENKLE, Chloe	Trinity Episcopal Sc	102	27:57.7	8:40.1	8:59.5	5:35.5
123 PHELPS, Delaney	Catholic High Scho	-	28:30.0	9:12.4	9:09.8	5:42.0
124 GROOM, Lily	Catholic High Scho	-	28:37.8	9:20.2	9:12.3	5:43.6
125 CLAYTON-SATTERLUND, E	Flint Hill School	103	28:41.8	9:24.2	9:13.6	5:44.4
126 FABIAN, Courtney	Trinity Episcopal Sc	(104)	28:42.9	9:25.3	9:14.0	5:44.6
127 ZHANG, Michelle	Episcopal	105	28:45.8	9:28.2	9:14.9	5:45.2
128 GABRIEL, Charlotte	The Potomac Scho	-	28:54.9	9:37.3	9:17.8	5:47.0
129 LAKE, Chloe	Madeira School	-	29:16.3	9:58.7	9:24.7	5:51.3
130 ROBBINS, Rachel	The Potomac Scho	-	29:32.0	10:14.4	9:29.8	5:54.4
131 PALMER, Anne	Bishop O'Connell	-	29:37.8	10:20.2	9:31.6	5:55.6
132 COUNTS, Lydia	St. Gertrude	106	29:45.8	10:28.2	9:34.2	5:57.2
133 MORGAN, Kaitlin	Flint Hill School	(107)	29:48.8	10:31.2	9:35.2	5:57.8
134 WILLIAMS, Zoe	Episcopal	108	29:53.2	10:35.6	9:36.6	5:58.6
135 TUOHY, Christa	St. Gertrude	109	29:58.3	10:40.7	9:38.2	5:59.7
136 BRIN, Sana	The Potomac Scho	-	30:09.9	10:52.3	9:42.0	6:02.0
137 MCHENRY, Olivia	Trinity Episcopal Sc	(110)	31:11.1	11:53.5	10:01.6	6:14.2
138 SOMENOU, Reniand	Madeira School	-	32:03.0	12:45.4	10:18.3	6:24.6
139 STONE, Lauren	St. Gertrude	111	32:06.1	12:48.5	10:19.3	6:25.2
140 NYSTROM, Becca	Saint Catherine's	-	33:28.9	14:11.3	10:45.9	6:41.8
141 WEIR, Maggie	St. Gertrude	112	34:34.7	15:17.1	11:07.1	6:54.9
142 PALMER, Ruth	Bishop O'Connell	-	36:45.0	17:27.4	11:49.0	7:21.0